



"Treatment with the help of the horse"

AMERICAN HIPPO THERAPY ASSOCIATION, INC.

PO Box 2014, Fort Collins, CO 80522 • (877) 851-4592 • FAX: (877) 700-3498

info@americanhippotherapyassociation.org • americanhippotherapyassociation.org

Guidelines for Student Research Relative to Hippotherapy

The American Hippotherapy Association, Inc. (AHA, Inc.) recommends students complete the following steps prior to engaging in research projects investigating hippotherapy as a treatment strategy.

- Review the AHA, Inc. website
 - o Look over the general information explaining hippotherapy, and have an understanding of treatment principles relative to their specific discipline:
www.americanhippotherapyassociation.org

- Learn the correct terminology
 - o Review the AHA, Inc. terminology guidelines to make sure any verbal or written communications are accurate: http://www.americanhippotherapyassociation.org/wp-content/uploads/2015/02/AHA-Inc-Terminology-Final_Ver_JT_2_16.pdf

- Complete a literature review
 - o Review the bibliography of papers published on hippotherapy to see what research projects have already been completed:
http://www.americanhippotherapyassociation.org/wp-content/uploads/2010/05/BibliographyRefList_April2015_FINAL_15-1.pdf

- Find a mentor
 - o The AHA, Inc. website has a “Find a Therapist” tab to help students find professionals practicing in their area: <http://www.americanhippotherapyassociation.org/find-a-therapist-2/>
 - o Take the opportunity to observe a therapy session and dialogue with a mentor on proposed research topics

- Ask questions
 - o AHA, Inc. has a Research Chair who is available to help with questions regarding potential research projects. Please contact them at research@theahainc.org.